**Fitzpatrick Skin Type Worksheet** Circle the answer to each questions and write the corresponding number (0-4) in the box on the left. At the end of the quiz, add up all the numbers and determine the corresponding skin type.

Name:		ne the corresponding skin type.  Dat				te:
Score		0	1	2	3	4
	What is the	Light Blue,	Blue,	Blue	Dark	Brownish
	color of your	Gray or	Gray, or		Brown	Black
	eyes?	Green	Green			
	What is your	Sandy Red	Blond	Chestnut,	Dark	Black
	natural hair			Dark Blond	Brown	
	color?					
	What is the	Reddish	Very Pale	Pale with	Light	Dark
	color of your			Beige Tint	Brown	Brown
	unexposed					
	skin?					
	Do you have			_	<b>.</b>	
	Freckles on	Many	Several	Few	Incidental	None
	Sun exposed					
	areas?	Dainful	Distantan	D	D	<b>A</b> 1
	What happens	Painful	Blistering Followed	Burns sometimes	Rare	Never had
	when you stay in the sun	Redness, Blistering,	rollowed		Burns	nad Burns
	to long?	Peeling		followed by Peeling		Burns
	To what	Hardly or	Light	Reasonable	Tan Very	Turn Dark
	degree do	Not	color Tan	Tan	Easily	Brown
	you	at all	Color Tall	Tan	Lasily	Quickly
	turn Brown?	at an				Quioniy
	Do you turn	Never	Seldom	Sometimes	Often	Always
	brown several		00.00		0.00	,
	hours after					
	sun					
	exposure?					
	How does	Very	Sensitive	Normal	Very	Never
	your face	Sensitive			Resistant	had a
	respond to					Problem
	the Sun?					
	When did you					
	last expose	More than	2-3	1-2 Months	Less Than	Less than
	yourself to the	3 Months	Months	ago	1 Month	2 Weeks
	sun tanning	ago	ago		ago	ago
	bed or self-					
	tanning					
	creams?					
	Do you	Nous	ا المسطاد،	Comptime	Office	Δ Ι
	expose the area to be	Never	Hardly	Sometimes	Often	Always
	treated to the		Ever			
	treated to the sun?					
Total	Score	Fitznatrick S	kin Type:	<u> </u>	I	
Score:	0-7	Fitzpatrick Skin Type:				
J001 6.	8-16	ii				
	17-25	l iii				
Skin	26-30	l iv				
Type:	Over 30	V-VI				
. 7 12 5.		1				